



## Deceit

**Prayer:** Lord, I love you and desire to glorify you through worship and truth in my daily life. Please reveal any deceit in me so that I can live an authentic and truthful life.

**Scripture:** Read and take time to reflect on: *1 John 1:5-10*

**Worship Music:** "Here's My Heart Lord" David Crowder  
<https://www.youtube.com/watch?v=Xzxm1jMNaB4>

### **Day 1 Reflection:**

What is deceit?

Noah Webster's Dictionary 1828 dictionary defines deceit as:

1. Literally a catching or ensnaring. Hence the misleading of a person; the leading of another person to believe what is false or not to believe what is true, and thus to ensnare him; fraud; fallacy; cheat; any declaration, artifice or practice which misleads another, or causes him to believe what is false."
2. That which is obtained by guile, fraud or oppression.

We all have a false self, which at one time may have protected our hearts or served us well in other ways. The Bible refers to the false self as the "old man" and our authentic/true self as the "new man." As we grow more like Jesus, He asks us to live out of the self that is authentically, and uniquely created by Him.

**Ephesians 4:22-23** *"You, however, did not come to know Christ that way. Surely you heard of him and were taught in him in accordance with the truth that is in Jesus. You were taught with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness. Therefore each of you must put off falsehood and speak truthfully to his neighbor for we are all member of one body."*

### **Journal:**

- What is the lie you live today? How have you misled others? Can you identify it? Becoming aware of the fraud in your life helps you take off the false self/old self and allows you to consciously put on your new authentic self in Christ.
- Take time to ask the Lord to forgive you for the things He gently brings to mind ways you have acted out that are not who you were created to be in your new self in Christ.



- How is God changing the attitude of your mind?

**Soul Training Exercise: Daily review with the Holy Spirit**

Each night this week before going to bed, take a few minutes to invite the Holy Spirit to review the day with you. Ask Him to highlight times during the day when you felt closest to God, and thank him. Then ask him to reveal times when you felt far away from God. Talk with the Lord and ask Him if there were any circumstances when you acted or spoke deceitfully. Gently notice what was going on inside you that caused you to put on a mask. Offer the situation(s) up to the Lord and ask His forgiveness. Thank him for listening to your whole story and setting you free from deceit.