



What to Bring / What Not to Bring This Weekend

We are so happy that you will be joining us on one of our Women's Walk With Christ Weekends! For your convenience, here is a list of items you should plan to bring with you.

List of Items to BRING for the Weekend:

1. Small tote bag (with your name on it) that will hold your Bible and a water bottle.
2. If desired, Covid-appropriate (double layer fabric) face mask.
3. A healthy, **individually wrapped** snack to share. **Nothing with nuts!**
4. Your own hand sanitizer.
5. Comfortable clothing
6. White shirt or T-shirt (we will not deface or write on your shirt)
7. Closed toed shoes
8. Toiletries/Personal Care items
9. Heavy jacket or coat (hat and gloves if attending a Weekend during winter)
10. Medication for the Weekend, as it pertains to you.
11. Pen and notebook/journal
12. Bible (if you choose)
13. Picture of yourself as a little girl (12 years old or younger)

Here are some items you will NOT need on the Weekend:

1. Bedding & Towels (these are supplied in each room)
2. Jewelry and Valuables (this includes engagement/wedding rings, watches, earrings, etc.) -- Since we cannot guarantee the safety of these items, please leave them at home. If you forget, you will be asked to remove all jewelry prior to the start of the Weekend.)
3. Perfumes and Essential Oils (due to allergies, we ask that these items not be used on the Weekend)
4. Alcohol, drugs, firearms
5. You will be asked to leave cell phones in your vehicle for the entire Weekend (an emergency contact number was provided in case of emergency).

**Smoking is only permitted in designated areas outside of the buildings. There will be designated times and outdoor locations for you to smoke over the course of the Weekend.