

Recommended Reading and Resources

from Rest & Restore Retreat 2022

- *Sacred Rhythms: Arranging Our Lives for Spiritual Transformation* – by Ruth Haley Barton
- *Creative Moments of Grace* – by Gayla Irwin
- *30 Days with the Potter* – by Stephen W. Smith
- *Transformed Into Fire* – Judith Hougen
- *Solo: Creating Space with God* – by Stephen W. Smith & Peter M. Ivey
- *Gentle and Lowly: The Heart of Christ for Sinners and Sufferers* – by Dane Ortlund
- *Invitation to the Jesus Life* – by Jan Johnson
- *Apprenticeship with Jesus* – by Gary W. Moon (confessions listed on pg 41)
- *Hidden in Christ* – James Bryan Smith
- *The Shepherd Trilogy* – by Phillip Keller
- *Joyful Journey: Listening to Immanuel* – by E. James Wilder, Anna Kang, John Loppnow, & Sungshim Loppnow
- *How to Hear God: A Simple Guide for Normal People* – by Pete Greig
- *Welcoming Prayer: Consent on the Go* – A Contemplative Life Program
- Soul Care Conversations podcast - “Cultivating Shalom”
- Centering Prayer app