

Additional Facilitator Information

1. Woman that speaks excessively:

- May be brought on by anxiety, not feeling “heard”, or “seen”.

Process:

- Stop Missioner-----“Let me stop you for a moment...”
- You may state:-----“I would like to ask you to be clear, direct, concise and truthful (CDCT)
- “I’m sorry I have lost the essence/point of your story” or “I’m having difficulty following your story...”
- Paraphrase what she is saying: “This is what I heard you say...”
Then ask: “Is this true?”
Give her a minimal amount of time to correct your statement.
- “Thank you for the clarification and for being concise...”

2. Woman that passes or continually passes during work rounds

- May feel unsafe, reluctant to share, may feel vulnerable to the point of extreme mistrust.
 - Let her know that she may pass, but that you WILL come back to her
 - If she continues to not want to share, ask her: “What is at risk for you to share with this group?”
“What is at risk if you don’t share with this group?”
“Do you see a pattern in your life with regard to holding back?”
If she shares that there is a pattern, ask her to just Sit with “that” for a bit...

3. Woman that states she has “done her work” in a particular area and doesn’t choose to share information

- May feel unsafe, this may be an extremely sensitive area, may not want to “revisit” old painful feelings, woundedness
 - “I’m going to challenge you to think about that statement for a moment, I’ll come back to you...”
 - “Ok, I hear that, I bless you where you are, and I ask that you hold space for the other women. You can now help me to keep this container safe. (pull away strategy)

4. Woman becomes angry about being challenged

- A boundary may be being violated, fear of exposure, may feel like others are getting “too close” to what she is covering (she may be covering for protection, it may be how she stays safe=anger)
 - First Staff needs to acknowledge /take responsibility for unconsciously triggering the missioner
 - “I hear that I may have triggered you/pushed a button for you...”
 - “What is that about for you?”
 - Whenever we encounter resistance to any part of the process be aware that the missioner may be in “protection mode” vulnerability may equal injury, harm. This is also about setting boundaries.
 - This woman may have been violated and is setting a boundary with her anger
 - Gently ask: “What is at risk for you to go “under” your anger and share?” Give her a brief moment to think...and respond.
 - “Has a boundary been violated for you?”
 - “Are you feeling like you need to protect yourself from something? Someone? A feeling?”