

Spiritual Preparation
WWWC Colorado Weekend
January 25-27, 2019

I am really looking forward to staffing with each you all in a couple of weeks! This weekend will be our 63rd Women's Walk with Christ weekend and God has a beautiful plan and gift for you this weekend! You have been chosen and called to staff on this particular weekend for God's particular purpose for the missionaries who are joining us.

Over the holidays, I spent some time in Luke 1:37-38 imagining how Mary would feel as she was visited by the angel Gabriel. I was struck anew by how she responded to him without hesitation. An immediate "Yes." I also noticed that After delivering the news that Mary was to become pregnant, Gabriel says, "For nothing will be impossible with God." God's beautiful plan for Mary was so surprising, and life-changing yet God in his grace accompanied the message with a beautiful promise.

Mary responded, "Here I am, the servant of the Lord; let it be with me according to your word." WOW! I was in awe and wonder at her amazing response of humility. I long to have that immediate YES to God!!

During Advent I've been reading the book, Life without Lack by Dallas Willard. And you may know that feeling when you realize the same message is delivered from different places. I finally realized God really wants to get his point across.... I have become more convinced that as we continue serve and love women on the weekends, the message for this WWWC weekend is that we need to be **faithful prayer warriors** who are operating out of love with **humility**.

Humility requires death to self. Dallas writes, "If we are going to follow Christ and gain our real life, we MUST take up our own cross, we must experience our own crucifixion.....However, we cannot die to self without the help of God's grace. Death to self means releasing all our desires, our reputation, our glory and having our own way with other people."

I've been praying about receiving this "gift" of death to self, and God has been answering my prayers!! (At times, painfully answering my prayer....) Yet as I have had some practice in dying to my own desires in his grace, He has kindly given me my ultimate desire, which is MORE- more intimacy with him, more trust, and more love.

My encouragement for each of you these next two weeks is two-fold:

1. Seek the Lord daily and ask him for humility, it is a gift. Wait for him to show up
2. Devote yourself to prayer.

I would like to take some time for us as a group to pray for the upcoming weekend using a method of prayer created by Moms in Prayer which has been a very powerful tool in the lives of millions of children in schools around the world.

It's a 4 -phase process beginning with Praise, then Confession, Thanksgiving and ending in Intercession. We will take about 5 minutes to on this call to pray and I will set up the steps as we go and leave some time for women to add their prayers for each phase

The scripture verses for these next two weeks will be:

Luke 1:37-38

³⁷“For nothing will be impossible with God”

³⁸“I am the Lord’s servant,” Mary answered. “May your word to me be fulfilled.” Then the angel left her.

2 Corinthians 4:7-10

⁷But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us. ⁸We are hard pressed on every side, but not crushed; perplexed, but not in despair; ⁹persecuted, but not abandoned; struck down, but not destroyed. ¹⁰We always carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body.

2 Peter 1:3

³His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness.

Weekend Theme song

“Do it Again” by Elevation Worship

https://www.youtube.com/watch?v=0B_InQIITxU

Prayer Sheet for WWWC Colorado Weekend January 25-27, 2019

Dear Sisters, here is a prayer tool to use as a guide with examples for your daily quiet time to prepare for the upcoming weekend. (adapted from Mom’s in Prayer)

Weekend Scriptures: Luke 1:37-38; 2 Corinthians 12:9-10; 2 Corinthians 4:7-10; 2 Peter 1:3

Praise- Praise God for attributes of WHO HE is!

Scripture: “If anyone speaks, they should do so as one *who* speaks the very words of *God*. If anyone serves, they should do so with the strength *God provides*, so that in all things *God* may be *praised* through Jesus Christ.” 1 Peter 4:11

- God is the great Provider***
- Other....

Confession- Silently confess your sins to the God who forgives.

Scripture: Peter replied, “Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit.” Acts 2:38 (NIV)

Thanksgiving- Thank God for what He has done in your life and in the lives of others through WWWC

Scripture: But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth. Acts 1:8

- Thank God for increased healing and transformation in Christ in women’s lives worldwide and for our leadership worldwide.
- Other...

Intercession- Come to God in prayer on behalf of others on the weekend

Scripture: Out of Your glorious riches may You strengthen us with power through Your Spirit in our inner being so that Christ may dwell in our hearts through faith. From Eph. 3:16-17a (NIV)

Weekend:

- Help our staff to boldly serve others, doing and saying everything in love and humility.
- Pray for individual teams: SC, Logistics, Prayer Team, Culinary, Co-leaders, Nurturing Wise Women
- Heal and transform missionaries to become more like Christ. Empower them to stand firm in faith and obedience to do the work you are calling them to do this weekend.
- Testimonials – Deceit, Fear, Anger, Sadness, Shame, SC, Mission
- Other...

WWWC Ministry:

- That God would protect and inspire the leadership of the Board and Management Team
- That women all over the world will go forth clothed with power from on High impacting women for Christ.
- Other...

Benediction: Ephesians 3:20-21“Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be the glory in the church and in Christ Jesus to all generations, forever and ever. AMEN

*** Additional resources from Moms in Prayer <https://momsinprayer.org/resources/prayer-tools/>

Spiritual Preparation #2
WWWC Colorado Weekend
January 25-27, 2019

Dear Staff,

This week, I encourage you to touch base (before the weekend) to connect with your prayer partner and pray together using your prayer sheet from the Pre-staff meeting. As you prepare for the Colorado weekend, here's a simple exercise to practice throughout the week.

Please reflect on Luke 1:37 -38

"For nothing will be impossible with God." And Mary said, "Behold, I am the servant of the Lord; let it be to me according to your word." And the angel departed from her." (ESV)

Are you experiencing a situation or relationship that seems impossible or very difficult today? Take some time in a quiet place to sit and talk with God about your situation/relationship. Share your feelings with Him. Experience His presence:

- Feel the feelings you have without judging them or hurrying.
- When you are ready-in prayer, bring Jesus in the situation.
- Is there anywhere you need to release- perhaps your need for control, your need for security, or your need to be appreciated or accepted? In releasing these needs, you are choosing to die to yourself. You are choosing to humble yourself.
- When you are ready, hand this over to God as well and ask Him to fill these needs.

Now take some time to reflect on 2 Peter 1:3

His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness. (NIV)

- Breathe in this truth. He has given you everything you need.
- He has called you by His own glory and goodness, to experience a godly life
- Thank him for giving you everything you need. Right now.
- For this moment, you have everything that you need. –AMEN
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2 Corinthians 4:7-10

But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us. We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed. We always carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body.

"Do it Again" by Elevation Worship

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Colorado WWWC Weekend
Friday Spiritual Preparation
January 25-27, 2019

In our preparation for this WWWC weekend we were encouraged to be **faithful prayer warriors** and women who serve and love others in **humility**.

Humility often requires that we die to ourselves in order to be able to love unconditionally. As we begin this weekend, it will be important to be aware serving our sisters *in love and in mission*.

Today we will have time to pray with our prayer partners, and we will learn how to ground ourselves when we are slipping out of mission through praying the Welcoming Prayer.

Welcoming Prayer

The Welcoming Prayer is a way of inviting God into the ordinary events and relationships of life – a way of becoming attentive to God in what is happening right now. It addresses how to respond in freedom to three basic needs we all have for:

- 1) affirmation and approval
- 2) security and safety
- 3) a sense of power or control

When we don't have enough of one of these three basic needs, we fall out of freedom and become reactive or defensive. We may fall into a compulsive habit or become triggered. This prayer releases these feelings and allows us to accept the situation through dying to ourselves. This gives Jesus room to work, rather than responding out of our own reactive ego or false self. Sometimes our mind does not fully inform us as to what is happening. Awareness of our body's reactions and its feelings can lead us into a welcoming prayer. When we feel triggered (or notice our heart racing, shoulders tight, jaw clenching or holding your breath), this is a clue to lean into the prayer: "Welcome Jesus welcome."

When you are triggered, start by checking-in with your body. Slowly scan from the top of your head down to your toes. Notice if you are feeling any tension, tightness, aches or pains? As you begin to name the place and that feeling, invite Jesus into the experience saying "Welcome Jesus, Welcome" and release the tightness or pain to Him. Breathe deeply. Release.

As the feeling begins to subside, pray the following prayer:

Lord, I give up my need (desire) for affirmation/approval (Welcome Jesus, Welcome)
Lord, I give up my need (desire) for security and safety (Welcome Jesus, Welcome)
Lord, I give up my need (desire) for power and control (Welcome Jesus, Welcome)
Lord I give up my need to **change any situation, condition, or person (Welcome Jesus, Welcome)**

Welcoming Prayer does NOT include justifying your feelings, trying to work out what is going on, analyzing yourself or others, or having a commentary in your head about it. **Don't try to fix anything or change your reaction.**

It is normal to want to defend ourselves from unpleasant feelings, to push them away, avoid them and deny them. But what we resist, we energize and strengthen. If we push something from our consciousness, we drive it into our unconscious.

There it is more powerful as it is outside of our awareness. By embracing the feelings we once defended ourselves from, we are disarming them, removing their power to hurt us, and their ability to chase us out of presence.

Afterwards

When the upset has quietened down and you can think clearly again, you can decide what you are going to do about the situation. Welcoming Prayer is not about accepting wrong behavior, condoning a situation, or becoming a victim.

The WWWC Staff was led through the steps of the Welcoming Prayer – each woman using their own recent triggers.

The WWWC Staff was then directed to partner with their Prayer partner and pray for each other's healing, the details of the weekend, the staff and missionaries.