



Verses to Pray for the Wound of Deceit

2nd Corinthians 3: 17 “Now the LORD is that Spirit; and where the Spirit of the Lord is, there is liberty.”

1st John 1: 9 “If we confess our sins, He is faithful and just to forgive our sins and cleanse us from all unrighteousness.”

1st Peter 2: 1-2 “Therefore, rid yourselves of all malice and all deceit, hypocrisy, envy and slander of every kind. Like newborn babies, crave pure spiritual milk, so that it you may grow up in your salvation now that you have tasted that the Lord is good.”

Psalm 34: 13 “Keep your tongue from evil and your lips from speaking deceit.”

Psalm 139: 1, 3b “O Lord, you have searched me and you have known me. You are acquainted with all my ways.”

Psalm 120: 2 “Deliver my soul, O Lord, from lying lips from a deceitful tongue.”

Romans 9: 1 “I am speaking the truth in Christ; I am not lying; my conscience joins with the Holy Spirit in bearing me witness.”

Psalm 119: 29 “Keep me from deceitful ways; be gracious to me and teach me your law.”

Proverbs 4: 24 “Put away perversity from your mouth; keep corrupt talk far from your lips.”

Proverbs 10: 31a “The mouth of the righteous brings forth wisdom...”

Proverbs 12: 20 “There is deceit in the heart of those who plot evil, but joy for those who promote peace.”



1st Peter 2: 21 -22 “ To this you were called, because Christ suffered for you, leaving an example, that you should follow in His steps. He committed no sin, and no deceit was found in his mouth.”

Psalm 32: 2 “Blessed is the one whose sin the Lord does not count against them and in whose spirit is no deceit.”

Psalm 120: 2 “Save me, Lord, from lying lips and from deceitful tongues.”

Psalm 101: 7 “No one who practices deceit will dwell in my house; no one who speaks falsely will stand in my presence.”

Job 31: 4 - 6 “ Does He not see my ways and count my every step? If I have walked with falsehood or my foot has hurried after deceit, let God weigh me in honest scales and He will know that I am blameless.”

Colossians 3: 9 - 10 “Do not lie to each other, since you have taken off your old self with its practices and have put on the new self, which is being renewed in knowledge of its Creator.”

Psalm 26: 1 - 4 “ Vindicate me Lord, for I have walked in my integrity; I have trusted in and leaned on and relied on the LORD without wavering and I shall not slide. Examine me, O Lord and prove me; test my heart and my mind. For your loving kindness is before my eyes, and I have walked in your truth. I do not sit with false persons, nor fellowship with pretenders...”

Psalm 52: 2 “Your tongue plots destruction; It is like a sharpened razor, you who practice deceit.”

Psalm 51: 1-2 “Have mercy on me O God, according to your unfailing love; according to your great compassion blot out my transgressions. Wash away all my iniquity and cleanse me from my sin.”



Proverbs 3: 32 “For the Lord detests a perverse man but take the upright into His confidence.”

Proverbs 4: 24 “Put away perversity from your mouth; keep corrupt talk far from your lips.”

Proverbs 11: 18 “The wicked man earns deceptive wages, but he who sows righteousness reaps a sure reward.”

Verses to Pray for the Wound of Fear

Isaiah 41: 13 “I am the Lord...who grasps your right hand. It is I who say to you, “Fear not, I will help you.”

Psalms 34: 5 “I sought the Lord, and He answered me and delivered me from all my fears.”

Psalms 27: 1 “The Lord is my light and my help; whom shall I fear? The Lord is the stronghold of my life; before whom shall I shrink?”

2nd Timothy 1: 7 “For God did not give us a spirit of cowardice but rather of power and love and self-control.”

1st John 4: 18 “There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.”

Isaiah 41: 10 “So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.”

Romans 8: 15 “The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by Him we cry, Abba, Father.”



Jeremiah 17: 8 “They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves always green. It has no worries in a year of drought and never fails to bear fruits.”

Psalm 23: 1 “The Lord is my Shepherd. I shall not be in want.”

Psalm 91: 5 “You will not fear the terror of the night, nor the arrow that flies by day.”

Psalm 91: 11 “For He will command His angels concerning you to guard you in all your ways;”

Proverbs 29: 25 “Fear of man will prove to be a snare, but whoever trusts in the LORD is kept safe.”

Joshua 1: 9 “Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD, your God will be with you wherever you go.”

Psalm 18: 6 “In my distress I called to the LORD; I cried to my God for help. From His temple He heard my voice; my cry came before Him, into His ears.”

Psalm 94: 22 “But the LORD has become my fortress, and my God the rock in whom I take refuge.”

Psalm 145: 14 & 18 “The LORD upholds all those who fall and lifts up all who are bowed down.” “The LORD is near to all who call on Him, to all who call on Him in truth.”

Psalm 94: 18 - 19 “When I said, “My foot is slipping,” your love, O LORD, supported me. When anxiety was great within me, your consolation brought joy to my soul.”

John 6: 20 “But He said to them, It is I; don't be afraid.”



Verses to Pray for the Wound of Anger

Exodus 34: 5 - 6 “The the Lord came down in the cloud and stood there with Moses and proclaimed his name, the Lord. And He passed in front of Moses, proclaiming, “the Lord, the Lord, the compassionate and gracious God, slow to anger, abounding in love and faithfulness.”

Ephesians 4: 31 “Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice.”

Proverbs 22: 24 - 25 “Don’t befriend angry people or associate with hot tempered people, or you will learn to be like them and endanger your soul.”

Psalms 30: 5a “But His anger lasts only a moment, but His favor lasts a lifetime!”

Ecclesiastes 7: 9 “Do not be quickly provoked in your spirit, for anger resides in the lap of fools.”

Ephesians 4: 26 “Be angry and yet don’t sin. Do not let the sun set on your anger...”

James 1: 9 “My dear brothers, and sisters, take note of this. Everyone should be quick to listen, slow to speak and slow to become angry.”

Colossians 3: 8 “But now, you must rid yourselves of all such things as these: anger, rage, malice, slander and filthy language from your lips.”

Proverbs 14: 29 “He who is slow to anger has great understanding, But he who is quick-tempered exalts folly.”

Psalms 37:8 “Refrain from anger and turn from wrath; do not fret -- leads to evil.”



Proverbs 19:11 "Sensible people control their temper; they earn respect by overlooking wrongs."

Verses to Pray for the Wound of Sadness

Psalm 31:9 "Be merciful to me, Lord, for I am in distress; my eyes grow weak with sorrow, my soul and body with grief."

Matthew 5:4 "Blessed are they who mourn, for they will be comforted."

Revelation 21: 4 "He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away."

John 11: 33 & 35 "When Jesus saw her weeping, and the Jews who had come along with her also weeping, He was deeply moved in spirit and troubled. Jesus wept."

Psalm 66: 19 & 20 " But God has surely listened and heard my voice in prayer. Praise be to God who has not rejected my prayer or withheld His love from me."

Psalm 68: 19 "Praise be to the Lord, to God our Savior, who daily bears our burdens."

Psalm 69: 29 "I am in pain and distress; may your salvation, O God, protect me."

Psalm 140: 6 "O LORD, I say to you, You are my God. Hear O LORD, my cry for mercy."

Psalm 147: 3 "He heals the brokenhearted and binds up their wounds."

Psalm 31: 5b " Weeping may remain for a night, but rejoicing comes in the morning."

Psalm 29: 11 " The LORD gives strength to his people; the LORD blesses his people with peace."



Ecclesiastes 3: 1a & 4 “There is a time for everything...a time to weep and a time to laugh, a time to mourn and a time to dance ”

Verses to Pray for the Wound of Shame

Hebrews 12: 2 “Let us fix our eyes on Jesus, the author and perfecter of our faith, who for joy set before Him, endured the cross, scorning its shame, and sat down at the right hand at the throne of God.”

Psalms 34: 4 & 5 “I sought the LORD and he answered me; He delivered me from all my fears. Those who look to Him are radiant; their faces are never covered with shame.”

Isaiah 50: 7 “ The Lord God is my help, therefore I am not disgraced; I have set my face like a flint, knowing that I will not be put to shame.”

Psalms 31: 1 & 17 “In you, O Lord, I take refuge; let me never be put to shame; deliver me in your righteousness. Let me not be put to shame, O LORD, for I have cried out to you.”

Psalms 25: 20 & 21 “Guard my life and rescue me; let me not be put to shame, for I take my refuge in you. May integrity and uprightness protect me.”

Psalms 71: 1 “In you, O LORD, I have taken refuge; let me never be put to shame.”

Isaiah 45: 17 -18 “...saved by the lord with an everlasting salvation; You will not be put to shame or humiliated for all eternity. For this says the Lord, who created the heavens, “I am the Lord, there is none else.”

Isaiah 54: 4 “Fear not, you will no longer live in shame. Don’t be afraid; there is no more disgrace for you. You will no longer remember the shame of your youth...”

Isaiah 49: 23b “And you will know that I am the Lord; Those who hopefully wait for Me will not be put to shame.”



Verses to Pray for Wisdom and Holiness

Psalm 90: 12 “Teach us to number our days, that we may gain a heart of wisdom.”

Psalm 49: 3 “ My mouth will speak words of wisdom; the utterance of my heart will give understanding.”

Psalm 90: 12 “Teach us to number our days aright, that we may gain a heart of wisdom.”

Proverbs 2: 6 “For the LORD gives wisdom, and from His mouth come knowledge and understanding.”

Proverbs 3: 13 -15 “Blessed is the man who finds wisdom, the man who gains understanding, for She is more profitable than silver and yields better returns than gold. She is more precious than rubies; nothing you desire can compare with her.”

James 1: 5 “If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him.”

1st Thessalonians 3: 13 “May He strengthen your hearts so that you will be blameless and holy in the presence of our God and Father when our Lord Jesus comes with His holy ones.”

Colossians 3: 12 “Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.”

1st Thessalonians 4: 7 “ For God did not call us to be impure, but to live a holy life.”

1st Thessalonians 5: 23a “May God himself, the God of peace, sanctify you through and through.”

1st Peter 1: 16 “You shall be holy for I am holy.”