



Holiness

Prayer:

O Lord, You have called me to live a holy life. I ask you to show me my sin and forgive me for ways that I have clung to my old attitudes and actions. Please make me new in the attitude of my mind and help me to put on the new self, created to be like YOU in true righteousness and holiness. Amen.

Scripture: 1Peter 1:13-16, Ephesians 4:22-24

Worship Music:

“Holy Holy, Holy” Audrey Assad

<https://www.youtube.com/watch?v=AgHrNNM23p8>

Reflection:

Too often the media and American culture show “holy” people stereotyped in a false light. They negatively portray “holy people” as people who are sexually repressed, stiff, boring, self-righteous, and judgmental (i.e.- totally not fun to be around!)

The truth is radically different. To be holy is to be transformed into Christ’s image, so in everyday life, holy people would look, love, and act like Jesus! Jesus is the exact opposite of these false stereotypes. The truth is, people were who were humbly aware of their sinful condition were drawn to Jesus because of his unconditional love. Ironically, the Pharisees and those people who were self-righteous, avoided having any personal interactions with Him.

Journal:

- Make two columns and title one Stereotypes and the other Truth.
- Jot down a list of all the stereotypes the world has about holy people.
- What are the stereotypes people often have of Jesus? Write these under the stereotypes column.
- Read Colossians 3:12-17 and write out the true attributes of holiness in the Truth column.
- Read 7:36-50. Notice how Jesus treats the woman, and what his message to the Pharisee is. In the Truth column, write down the attributes of Jesus’ character demonstrated in this passage.
- What have you noticed in your own life about being Holy? Are you more like Jesus today than last week? In what way?

Soul Training Exercise:

- Read the description what it looks like to live out of pure holy new self in Christ -Colossians 3:12-17



- Prayerfully read the passage a second time and allow the Holy Spirit to highlight a word or phrase and write it down.
- Contemplate (ponder, dwell with the Lord) on this word/phrase. What is God saying to you about this area of Holiness? Don't hurry this process, just sit with God and ask Him to reveal what He is saying to you.
- Journal what you hear from Him.